

Nuneaton Harriers News – January 2014

First in a monthly series.... Well we'll see how we get on. This is a joint Fowler News Corporation publication, please let us know what you think.

2014 – our best year yet?

Two more great team performances in the leagues yesterday (Sat 11th) - proving this is the best season for the seniors for a very long time. For anyone who hasn't yet heard, the women's team are Warwickshire county champions!



The ladies were at Droitwich for the Midland women's league and unofficial results show the senior team were 4th, right up there with Tipton, RSC and Stratford. Great packing to support Eleanor (in 7th) with Helen 22nd and Kat 36th (wearing some very eye-catching pink spikes). With Amanda running well it looks like the Masters team was 1st (yes, Mrs F is now of "that age"). This is the best team we've had for many years and looking good for 'The National' at the end of next month. Especially pleasing is the great support from the rest of this team this year with Hayley, Suzanne, Angela and Gowan all tackling the cross-country mud at Droitwich.

The chaps were at Wyken Croft in Coventry for the Birmingham league and despite having a slightly lighter squad than at Burbage last month we were actually 9th team on the day and hang on to 12th place in the division.

Several men improved on positions from the last race, notably Andy Harding up in 14th place as our first finisher, Nick who was 60 places better (but has good reason as he's usually been around the Burbage course about 3 times setting it out before the race starts) and Rob Carvell 32 places better. Close packing in the B team secured them 12th on the day and 11th in the division which is a good show of strength in depth. And we closed out a C team as well. Spooky consistency prize goes to Chris H-H who has taken 219th place in all three races this season.

Full results list is available here -

http://www.birminghamccleague.co.uk/images/stories/bdcl/articlepdfs/XC_League_Archive/2013-14/2014-01-11-Men-Div2-Ver1.pdf

There have been some good turn-outs recently; there were 16 Harriers at the Huncote Hash. Lovely morning for it despite the damp conditions underfoot and the stream was bracingly cold. For anyone interested in technique the photo (right) shows textbook body position and poise (and unconventional kit).



Good work too by some of the youngsters in the County championships. Amicia Collett was 5th in the under 13 girls (Warks), Greg Jones was 5th in under 17 men (Leics). With luck we'll have several Harriers representing their county at the inter-counties match in March.

For those of you who don't like getting your feet muddy - or the cross-country team looking for something to do next weekend (Sunday 19th) there is the Kibworth 6 mile race in the Leicester Road League series. This is NOT a flat course (those who've done it know what I mean) but it's a fine testing run. The league is good, chip timing, small entry fee on the day and a wide range of runners from steady 10 min/mile athletes through to 5min/mile racing snakes. Details here - http://www.fleckneyandkibworthrunners.co.uk/kibworth_6_2014

And finally if you're not racing on the morning of 19th then your help would be appreciated down at the Pingles to assist with the young athletes league races. Charles

is after volunteers to act as marshalls, etc. Please let him know if you can help.

Keep you eyes on the noticeboard in the clubhouse and/or the website for news and race details.

Best wishes Eric and Eleanor

p.s. did we mention that the women are county champions?